

VILASRAO DESHMUKH AYURVEDIC MEDICAL COLLEGE, MOUDA

TIME TABLE – BAMS 1ST YEAR (BATCH 2025- 26)

Day and time	10 am to 12 pm (Practical)	12 pm to 1 pm (Non – Lecture)	1 pm to 1:30 pm	1:30 pm to 2:30 pm (Theory)	2:30 pm to 3:30 pm (Theory)	3:30 pm to 4:30 pm (Theory)	4:30 pm to 5:30 pm (Theory)
Monday	A - Rachana Sharir (Dr. Amit rathod) B - Kriya Sharir (Dr. Abhishek Kokode)	Rachana Sharir (Dr. Amit rathod)	R	Padarth Vigyan (Dr. Mrunal Mehare)	Rachana Sharir (Dr. Sarfaraz)	Sanskrit (Dipali Tatekar)	Samhita adhyayana (Dr. Pallavi Tamgade)
Tuesday	A - Rachana Sharir (Dr. Amit rathod) B - Kriya Sharir (Dr. Abhishek Kokode)	Rachana Sharir (Dr. Amit rathod)	E	Padarth Vigyan (Dr. Mrunal Mehare)	Rachana Sharir (Dr. Sarfaraz)	Sanskrit (Dipali Tatekar)	Samhita adhyayana (Dr. Jayashree Damke)
Wednesday	A - Kriya Sharir (Dr. Abhishek Kokode) B - Rachana Sharir (Dr. Sarfaraz)	Samhita Adhyayana (Dr. Pallavi Tamgade)	C	Padarth Vigyan (Dr. Mrunal Mehare)	Kriya Sharir (Dr. Gayatri Choudhari)	Sanskrit (Dipali Tatekar)	Samhita adhyayana (Dr. Pallavi Tamgade)
Thursday	A - Kriya Sharir (Dr. Gayatri Choudhari) B - Rachana Sharir (Dr. Sarfaraz)	Samhita adhyayana (Dr. Jayashree Damke)	E	Kriya Sharir (Dr. Gayatri Choudhari)	Rachana Sharir (Dr. Amit rathod)	Sanskrit (Dipali Tatekar)	Padarth Vigyan (Dr. Mrunal Mehare)
Friday	A - Rachana Sharir (Dr. Sarfaraz) B - Kriya Sharir (Dr. Gayatri Choudhari)	Padarth Vigyan (Dr. Mrunal Mehare)	S	Rachana Sharir (Dr. Amit rathod)	Kriya Sharir (Dr. Gayatri Choudhari)	Sanskrit (Dipali Tatekar)	Samhita adhyayana (Dr. Pallavi Tamgade)
Saturday	A - Kriya Sharir (Dr. Gayatri Choudhari) B - Rachana Sharir (Dr. Amit rathod)	Padarth Vigyan (Dr. Mrunal Mehare)	S	Rachana Sharir (Dr. Sarfaraz)	Kriya Sharir (Dr. Abhishek Kokode)	Sanskrit (Dipali Tatekar)	Samhita adhyayana (Dr. Pallavi Tamgade)